

HOW TO CHECK YOUR COMPUTER'S HISTORY

1. Find the long narrow box (called the navigation bar) at the top of the screen where web addresses can be entered.
2. To the right of this box, is a little drop down menu with an arrow. By clicking on the arrow, you can see a list of the different websites that have been viewed from your computer.
3. After you view all the entries in your computer's history, you can clear it.

If the history is consistently empty, it is possible that either your child or another user of your computer is erasing the history to keep you from finding out where they go online or your computer is set up to automatically delete the history each time you exit the Internet.

We advise you to disable the auto-delete feature.

INTERNET SAFETY TIPS FOR PARENTS

- ✓ **Have the family computer in an open area**—Never in your child's bedroom.
- ✓ **Become a part of your child's online experience**—As computer-savvy as kids and teens are today, they may even teach you a thing or two!
- ✓ **Respect your child's privacy**—Rather than "policing" your child's online behavior, keep the lines of communication open with your child.
- ✓ **When using email, be aware of opening unsolicited attachments**—Viruses, worms and Trojan horses can be activated by unsuspecting email users opening infected attachments to email messages. Use updated anti-virus scanning software regularly to monitor your computer.
- ✓ **Learn about the Internet**—The more you know about how the Internet works, the more you can be informed about how online predators and identity thieves work and what you can do to stop them.
- ✓ **Usernames and profiles can provide a wealth of personal information**—Ask your child about his or her online user name, profile and downloading activities. Having too much information in user name and profiles can attract predators.
- ✓ **Report any suspicious or dangerous activity**—Any Internet activity that makes your child feel uncomfortable should be reported to the authorities—911.

Remember the 4 R's

RECOGNIZE the techniques used by online predators to deceive their victims.

REFUSE requests for personal information.

RESPOND assertively if you are ever in an uncomfortable situation while online. Exit the program, log off or turn off the computer and notify your local law enforcement.

REPORT, to law enforcement authorities, any suspicious or dangerous contact that makes you or your child feel uncomfortable.